

# ***London Supervision & Professional Development Group with Michael Soth***

**An integrative, experiential supervision group for therapists with considerable post-qualification experience (12+ years)**

**Venue:** Terapia Centre,  
The Bothy, 17A East End Road, London N3 3QE  
**Times:** meeting bi-monthly on Tuesdays 10:30 to 17:00.

It is an ongoing integrative group, which has been running since 2014, meeting 6 times per year, in varying configurations and with various members.

There is obviously an established group dynamic and cohesion, and new participants would have to work with how they fit into that to develop a new shape and group.

## **Participants (two more places available for 2018)**

This group is open to experienced therapists from across the modalities who have been working for at least 12 years. It currently has 5 members; the maximum group size is 7 participants, so from 2018 there are one or two more places available in this group. Currently we have one man and four women, so potential male participants are especially welcome.

## **Format and ways of working**

All of the current participants also work as supervisors, tutors or teachers alongside their private practice and share a perspective that draws from both humanistic and psychoanalytic traditions.

The group has an integrative cross- and multi-modality framework and has developed a supervision style that emphasises reflections on the manifestations of transference and countertransference via enactments.

If you are an experienced practitioner and have a curiosity and interest in relational ways of working as well as psychotherapy integration, stretching beyond the therapeutic approach you originally trained in, then this may be a good group for your further development.

As with all supervisory/learning work, there is an overlap between personal and professional development, and Michael and the group have been working to find a good balance between the two. The group has evolved a culture of sharing our work in an experiential way, through role play and two-chair work alongside traditional presentation and discussion. You would need to be comfortable in sharing yourself in such a group supervision format with an emphasis on experiential learning, which naturally opens up the opportunity to discuss therapeutic perspectives, theory and practice across the modalities.

Several participants, as well as Michael, have an interest in embodied ways of working and are bringing that to the group.

## **Practicalities**

With 6 participants the fee per day is £110, plus £16 per person for the room we are renting.  
With 7 participants the fee per day is £100, plus £15 per person for the room we are renting.

The scheduled dates for the remainder of the academic year 2017/2018 are:  
30 Jan 2018; 13 Mar 2018; 8 May 2018; 24 Jul 2018

If you are interested in joining this group, an interview with Michael is required. You can contact him on: [michael.soth@gmail.com](mailto:michael.soth@gmail.com) or 07929208217. Please enquire soon if you are interested in joining.



Tower of Babel