

# Oxford Ongoing Supervision & Personal–Professional Development Group with Michael Soth

An integrative, experiential CPD group for experienced therapists (12+ years)

meeting bi-monthly on Tuesdays in West Oxford (10.00 – 16.30)

maximum 7 participants – 2 places available from March 2018

## Purpose and scope of group

This advanced group is open to experienced counsellors and psychotherapists from different therapeutic approaches, orientations and trainings. It is an ongoing integrative group, meeting 6 times per year, and it has been running since 2012 in varying configurations and with various members. There is an established group dynamic and cohesion, and as new participants you, me and the existing group would have to work with how you would fit into that to develop a new shape and a new group.

## Participants (2 places available from March 2018)

Three participants have been with the group since the beginning (all three are experienced TA therapists). Two embodied–relational therapists joined a couple of years ago. Other members have been from various modalities, including Gestalt, transpersonal, Core Process. We are looking for one or two more participants. Currently we have one man and four women, so potential male participants are especially welcome.

## Format and ways of working

The idea is for the work of the group to be grounded in clinical experience and to have a solid supervision element, but to include additional reflections and theoretical input arising from the process – this will be from an integral–relational perspective, but always stay relevant and applicable to your own style and modality. Working with the general notion of the 'reflective practitioner', we will try to integrate individual and group process as well as experiential and theoretical learning and clinical reflection.

I will attempt to make explicit and accessible some of my internal process and working models as a supervisor and group facilitator, including hand-outs and references, depending on your individual learning needs and development goals as a person and as a therapist.

## Practicalities

The times are established and fixed (bi-monthly Tuesdays 10.00 – 16.30 in West Oxford), but apart from that the group is open to the needs and interests of further participants. Depending on the final number of participants, the cost will be between £90 and maximum £110.

The scheduled dates for the remainder of the academic year 2017/2018 are:

6 Mar 2018; 17 Apr 2018; 22 May 2018; 3 Jul 2018

If you are interested in joining this group, an interview with Michael is required. You can contact him on: [michael.soth@gmail.com](mailto:michael.soth@gmail.com) or 07929208217. Please enquire soon if you are interested in joining.



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